Smart Fitness Scale
Model No.: ESF28
Thank You.

Thank you for purchasing the ESF28 Smart Fitness Scale by Etekcity. We are dedicated to providing our customers with quality products for building a better living. Should you have any questions or concerns about using your new product, feel free to reach out to our helpful Customer Support Team at support@etekcity.com. We hope you enjoy your new product!
Package Contents

1 x Smart Fitness Scale
3 x 1.5V AAA Batteries
1 x User Manual

Specifications

<table>
<thead>
<tr>
<th>Specification</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Weight Capacity</td>
<td>400 lb / 180 kg / 28 st</td>
</tr>
<tr>
<td>Graduation</td>
<td>0.2 lb (0.05 kg)</td>
</tr>
<tr>
<td>Weight Units</td>
<td>lb / kg / st</td>
</tr>
<tr>
<td>Platform</td>
<td>Tempered glass</td>
</tr>
<tr>
<td>Battery</td>
<td>3 x 1.5V AAA batteries</td>
</tr>
<tr>
<td>Dimensions</td>
<td>11.8” x 11.8” x 1.0” (300 x 300 x 25mm)</td>
</tr>
</tbody>
</table>

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Safety Information

**IMPORTANT:** Please read and comply with all of the instructions and warnings provided in this manual before using the product. Failure to comply with the instructions and warnings provided herein may result in inaccurate results and/or damage to the product itself.

**General Safety**

- This scale should not be used to diagnose or treat any medical condition. Consult your primary care physician before making changes to your diet, exercise plans, or physical activities.
- If you are pregnant, have a pacemaker, or other internal device, you should not heavily rely on the data provided by this product. Please note that all data should be used as a reference and is not a substitute for medical advice from a licensed healthcare professional.
- Check the scale before each use. Do not use the scale if it is damaged in anyway.
- The glass platform is slippery when wet. Make sure the platform and your feet are dry before stepping on for measurement.
Use & Care
• This scale is not intended for commercial use.
• Always place the scale on a hard, flat surface before measurement.
• To weigh safely and accurately, stand with your feet shoulder-width apart while on the scale.
• DO NOT strike or drop the scale.
• DO NOT stand on the edge of the scale or jump on it.
• DO NOT stand on the scale platform for a prolonged period of time or when not in operation.
• DO NOT store or operate near heat sources or in humid environments.
• Handle the scale with care, as it is a precision instrument.
• Clean the scale with a clean, dry cloth. Avoid getting water or any other liquid inside the scale.
• DO NOT use chemical or abrasive cleaning agents to clean the scale.
• Keep the scale in a cool environment with dry air.
• Always keep the scale in a horizontal position, do not store vertically.
• If the scale fails to turn on, check whether the batteries are installed correctly. Replace the batteries if necessary.
• If an error appears on the display or if the scale does not turn off automatically, remove the batteries for 3 seconds, then reinstall them.
• DO NOT overload the scale (maximum weight capacity: 400 lb / 180 kg).
• DO NOT mix new and used batteries or different battery brands to power the scale.
• If the scale is not in use for an extended period of time, remove the batteries to ensure battery conservation and to extend the scale service lifetime.

Note: This smart scale complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.
Main Functions

1. Weighing Platform
2. Display
3. Anti-skid Padding
4. Battery Compartment
Setup

Before First Use

Open the battery compartment and remove the plastic film from the 3 AAA 1.5V batteries. Install the batteries under the correct polarity and replace the battery compartment cover.

Slide

1.5v - AAA

1.5v - AAA

1.5v - AAA
VeSyncFit

To view more in depth weight analyses, download the free VeSyncFit app from the App Store or Google Play Store. You can also scan the QR code below.
Operation

Weighing without the VeSyncFit App

1. Place the scale on a hard, flat surface.

2. Step onto the scale. The scale will automatically turn on and start measuring your weight.
3. Keep standing on the scale until the digits on the screen flash 2 times with your final measurement.

NOTE: To change weight units, you must download the VeSyncFit app and select the desired weight unit in the Settings menu (see page 18).
Weighing with the VeSyncFit App

Pairing the Scale with VeSyncFit

1. Turn on Bluetooth® on your smartphone.

   **NOTE:** For Android users, Location and Bluetooth® must be turned on for Android 6.0 and later.

2. Tap + on the measuring page to discover the scale.
3. Step onto the scale with bare feet, then add the device named “ESF28.”
4. Keep standing on the scale for 5-10 seconds. Pairing is successful when your final weight measurement appears on the VeSyncFit app.

**NOTE:** If you see a series of zeros flash across the display of your scale, it means that the scale is sending measurement data to the VeSyncFit app.
**Viewing Reports**

1. Tap **Trend** to view your progress history. You can select your progress for the week, month, or year.

2. To view data for a specific day, tap ⌚ on the top right corner of the screen.
3. To view reference data from a specific time frame, tap **Data Select**, then select date.

**Deleting Reference Data**

1. To delete a reference data, tap on a set, then tap on the **trash can**.
**Share Progress**

**A. Share current data**

1. To share current data, tap + on the top right corner of the screen.

2. Tap 🔄 **Share** to share the current data.

**Note:** If the current measurement data only has weight and BMI, the data cannot be shared.
B. Share history data

1. Tap **Trend** to view your history data. You can select your progress for the week, month, or year.

2. To view data for a specific day, tap ☰ on the top right corner of the screen.

3. To view reference data from a specific time frame, tap **Select Data**, then select date.

4. Tap ☰ on the bottom left corner of the screen to share your data on Facebook, Instagram, or through text message.
Adding/Deleting Users

1. On the Measurement page, tap My Account at the bottom of the screen.
2. To add new users, tap **Add a Member** and enter their information.

3. To delete a user, swipe left on the account and tap **Delete**.
Settings

1. To access the Settings menu tap **My Account**.
2. Tap **Setting**.

**NOTE:** You can change the app theme, set goal weights, change weight units, select sounds, select languages, and reset your password on the Settings menu.
Connecting with Other Fitness Apps

Apple Health
1. Open the Health App on your iPhone then tap **Sources**. Be sure to turn on your Bluetooth setting.
2. Select **VeSyncFit** from the list.
3. Turn on all categories to allow the VeSyncFit app to work.
**Google Fit**

1. Access the Settings menu by tapping **My Account**, then **Setting** on VeSyncFit. Select **Google Fit** from the menu.

2. Turn on Google Fit, then sign into your Google Account. You will be automatically redirected to the Google Fit page.

3. After successfully connecting, your weight data will sync with Google Fit.
**Fitbit**

1. Access the Settings menu by tapping **My Account**, then **Setting** on VeSyncFit. Select **Fitbit** from the menu.

2. Turn on Fitbit, then sign into your Fitbit account.
3. Tap **Allow** to access the Fitbit app.

4. After successfully connecting, your data will sync to the Fitbit app. You will be able to view your progress both on the app as well as online.
Maintenance

Recalibrating the Scale
If the scale has been moved or flipped upside down, it must be recalibrated to ensure accurate results.

1. Place the scale on a hard, flat surface.
2. Step on the scale with 1 foot until the digits appear on the display, then step off.
3. The scale will show “CAL”, then “0.00”, indicating that the calibration process is complete.
**Battery Replacement**

The display will show “Lo” when the batteries need to be replaced.

1. Open the battery compartment on the back of the scale.
2. Remove the old batteries and dispose of them properly.
3. Install 3 new 1.5V AAA batteries, making sure they are placed under the correct polarity.
4. Replace the battery compartment cover.

**NOTE:** The scale may need to be recalibrated after replacing the batteries.
# Common Display Codes

<table>
<thead>
<tr>
<th>Display Code</th>
<th>Description</th>
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<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>6800</td>
<td>Wireless Connection</td>
<td></td>
<td></td>
</tr>
<tr>
<td>*</td>
<td></td>
<td>6800</td>
<td>No Wireless Connection</td>
</tr>
<tr>
<td>Lo</td>
<td>Change Battery</td>
<td>Err</td>
<td>Overload</td>
</tr>
<tr>
<td>CAL</td>
<td>Calibrating</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*Note: The displayed values are illustrative and may vary depending on the device.*
Frequently Asked Questions

1. Why doesn’t the scale turn on?
   • Check if the batteries are properly installed.

2. Why does the data flash on the screen and then disappear?
   • The batteries are low and need to be replaced.

3. Why doesn’t the scale connect with the VeSyncFit app?
   • Make sure your phone’s operating system is running on iOS 8.0+ or Android 4.3.
   • Download and open the newest version of the VeSyncFit app.
   • Turn on Bluetooth on your phone (for Android users, make sure your Location is turned on as well).

4. Why is my body fat not measured when weighing in?
   • Step on the scale with dry, bare feet.
   • Make sure Bluetooth is turned on.
   • Enter your personal information when creating your VeSyncFit account.
   • Make sure to place your feet on the scale’s conductive areas.
Warranty

<table>
<thead>
<tr>
<th>Product</th>
<th>ESF28 Smart Fitness Scale</th>
</tr>
</thead>
<tbody>
<tr>
<td>Default Warranty Period</td>
<td>1 year</td>
</tr>
</tbody>
</table>

For your own reference, we strongly recommend that you record your Order Number and date of purchase.

<table>
<thead>
<tr>
<th>Order Number:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Date of Purchase:</td>
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</table>

Terms & Policy

Etekcity warrants all products to be of the highest quality in material, craftsmanship, and service, effective from the date of purchase to the end of the warranty period.

Etekcity will replace any product found to be defective due to manufacturer flaws based on eligibility. Refunds are available within the first 30 days of purchase. This warranty extends only to personal use and does not extend to any product that has been used for commercial, rental, or any other use in which the product is not intended for. There are no warranties other than the warranties expressly set forth with each product.

This warranty is non-transferrable. Etekcity is not responsible in any way for any damages, losses or inconveniences caused by equipment failure or by user negligence, abuse, or use noncompliant with the user manual or any additional safety, use, or warnings included in the product packaging and manual.

This warranty does not apply to the following:
- Damage due to abuse, accident, alteration, misuse, tampering, or vandalism.
- Improper or inadequate maintenance.
- Damage in return transit.
- Unsupervised use by children under 18 years of age.

Etekcity and its subsidiaries assume no liability for damage caused by the use of the product other than for its intended use or as instructed in the user manual. Some states do not allow this exclusion or limitation of incidental or consequential losses so the foregoing disclaimer may not apply to you. This warranty gives you specific legal rights and you may also have other rights which may vary from state to state.

ALL EXPRESSED AND IMPLIED WARRANTIES, INCLUDING THE WARRANTY OF MERCHANTABILITY, ARE LIMITED TO THE PERIOD OF THE LIMITED WARRANTY.

Additional 1-Year Warranty
You can extend your 1-year warranty by an additional year. Log onto www.etekcity.com/warranty and enter your order number (e.g., from Amazon or Houzz) to register your new product for the extended warranty.

If you are unable to provide the order number for your product, or if your product has been gifted to you, please type a short note in the order number field along with the date you received your product (i.e., Gift received on dd/mm/yy).

Defective Products & Returns
Should your product prove defective within the specified warranty period, please contact Customer Support via support@etekcity.com with your order number. Once our Customer Support Team has approved your request, please return the unit with a copy of the invoice or your order number.
Customer Support

Should you encounter any issues or have any questions regarding your new product, feel free to contact our helpful Customer Support Team. Your satisfaction is our goal!

Customer Support

Etekcity Corporation
1202 N. Miller St., Suite A
Anaheim, CA 92806

Toll Free: (855) 686-3835
Email: support@etekcity.com

Support Hours

Monday - Friday:
9:00 am - 5:00 pm PST/PDT

*Please have your order confirmation number ready before contacting customer support.
Connect with us @Etekcity